

# EP47 Internship Strategies

## SPEAKERS

Janet Maltbie, Marica Jones

### **Janet Maltbie** 00:08

From the campus of Lorain County Community College, this is the no loan zone podcast on LCCC radio.com The boom I'm Janet Maltbie. I'm a career counselor and I've helped 1000s of students and adults in transition make wise career choices. I believe completing a degree pursuing passionate work and debt free living is key to your future. I'm here to help you on that journey, and so are my guests. With me today is my special guest Marcia Jones. Marsha is the career services manager at Lorain County Community College, and for nearly 20 years, Marsha has helped students learn about careers and how to link their education to job experiences, so they can launch from a job into a meaningful career. I recently met with Marcia online to discuss internship opportunities at Lorain County Community College internships are a great way to jumpstart your career. But here are some reasons why I think you should complete an internship at any college you attend. Number one you gain real world experience. An internship allows you to gain practical hands on experience in your college major. This can help you gain better understanding of what you're learning in the classroom and determine if this major is the right fit for you. Number two, it helps you build a professional network. Internships can provide contact with professionals in the field, which can be helpful for landing that first job opportunity after graduation. Number three, it helps you build and demonstrate professional skills such as teamwork, time management, and problem solving. Finally, internships improve your resume by making you stand out to potential employers demonstrating you have practical experience in their field. Now, as wonderful as internships are, sometimes it's hard to know how to get started and how to get help. That's why I want to introduce to you Marcia Jones, Director of Career Services at Lorain County Community College, they have a special program called handshake. To help you get started, here's Marsha, on how Career Services can help you.

### **Marica Jones** 02:15

Hi, my name is Marcia. I am the manager in career services. And I want to welcome you, we look forward to connecting with each of you around any of your needs related to career preparation, career decision, and ultimately getting you into opportunities related to your career pathway through internships, or other job opportunities that might be of interest to you. So we hope that you'll connect with us, you can either come into our office and talk with us, we can do virtual appointments as well. So you can connect with us through our platform, which is handshake. And all of you as current students already have an account in handshake, all you have to do is activate it. It has a great mobile app. So you can just download it on your phone and connect with us through handshake, scheduling an appointment online, or you can call our front desk and we're happy to help you as well. And our front desk number is 366-4076. So give us a call or connect with us on handshake and we're happy to help you. If you are an international student, there are some parameters that you have to take into consideration as an international student around off campus employment, or internships. So if you

haven't already connected with the international initiatives, students support office, that should be your first step. Connect with them, make sure that you have all your ducks in a row. So talk with them. If you're interested in off campus, there are some applications that you might have to do related to your visa to make sure that everything is kosher there. And then connect with us in career services. And we're happy to begin to support you in that effort either in resume development, getting ready for interviews, and also with your job or internship search. Hope that we get to see some of you in our office. Each of you has a career development specialist that works specifically with students within career pathways. So when you connect with us through handshake, select the career development specialists by your pathway, or let them know when you're calling us what your degree or major is, and we'll get you to your career development specialists.

**Janet Maltbie** 04:44

Marcia Jones, thank you so much.

**Marica Jones** 04:46

Thank you. Good luck everyone.

**Janet Maltbie** 04:55

Choosing a college major and the right career fit for you can be stressful man. any startup degree but don't finish because they haven't found the right career fit for them. Don't let that happen to you. Start the career exploration process today by reaching out to me Janet Maltbie at [Noloanzone.com](http://Noloanzone.com) forward slash contact. I meet with students and parents individually so they can make wise career choices in high school, college and beyond. I also teach a totally online class through Lorain County Community College called Career Exploration and life planning SDEV 103. I'd love to see you in it. You've been listening to the no loan zone podcast on [LCCC.radio.com](http://LCCC.radio.com) The boom I'm Janet Maltbie. Thanks for listening.